



From the Chief Constable

The Chief Constable has recorded a message to all Young People in Norfolk.

You can watch it here  
<https://youtu.be/6G2znNj3vyl>



## Internet Safety

Please find below links to Youtube videos which our Youth Engagement Team have recorded. Have a watch and play them to your children too!

Intro - <https://www.youtube.com/watch?v=yCH-cdx3iXY>

Online Personal Safety  
- <https://youtu.be/rUJbL639IO0>

Sharing Information - <https://youtu.be/NWztsvEfYFw>

Anti -Bullying - [https://youtu.be/OTeQ\\_pTLCYY](https://youtu.be/OTeQ_pTLCYY)

Sexting - <https://youtu.be/3YQTutdnrZI>

# Safer Schools Newsletter

Primary Edition Monday 20<sup>th</sup> April

Hi everyone, we hope you are all well and enjoying the warmer weather. Currently, we find ourselves in a bit of a different situation, with some of you not at school. In order for us to stay in contact and share important information with you, we are going to send you a monthly newsletter. We hope you enjoy it.

Norfolk Constabulary Safer Schools Team



During these uncertain circumstances, it is important for young to look after their mental health. There is now one single place to access mental health advice and support for anyone under the age of 25 in Norfolk. There is no need for a referral, you can just get in touch straight away for advice and support. They can also refer you on should you need more specialist help. Please visit this link for more information:  
[www.justonenorfolk.nhs.uk/mentalhealth](http://www.justonenorfolk.nhs.uk/mentalhealth)

## TRENDING NOW...

Have you ever visited the National Crime Agencies website for advice about online Safety? They provide tailored home activity packs for children from ages 4+, along with lots of other useful advice. This can be found by clicking the following link:

<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

Are you looking for some fun activities to do with your child? Attached to this email are two-part printable Teddy Bear Jigsaw puzzles designed for Ks1, and police officer colouring sheet for all ages. We hope you have fun completing them!

We have also attached a copy of the NHS special COVID message for parents as this is very informative. Please give it a read.

## SOCIALS



Stay up to date with Norfolk Safer Schools by following us on Twitter:  
@SaferSchoolsNfk

You can also follow our Cadet's Instagram account:  
@NorfolkCadets

## NEED A HAND?

Norfolk County Council, Children's Services have launched a new phone line and text message service for children and young people to use.

We hope you are feeling happy and safe at home.....  
If you're feeling unsafe or scared, then don't keep it to yourself. We're here to help.  
Text: 07480 635060  
Call: 0344 800 8029

Remember safeguarding young people is all our responsibilities #SaferSchools

Norfolk Police – Non-emergency 101 / Emergency 999

